



Knight Life Newsletter



IN SERVICE TO ONE ... IN SERVICE TO ALL
The Voice of the Membership of Council #13579

Vol 3 Issue 10 **April 2007**

Holy Rosary Council #13579
150 E Summit Ave
VISITING KNIGHTS ARE WELCOME.
Muskegon Heights, Michigan. 49444

Business meetings are the 3rd Wed of every month at 7: 00 PM

Knight of Columbus Supreme website: www.kofc.org
Hennepin Province website: www.hennepin.org/index.html

Michigan State Knights of Columbus website: www.mikofc.org
Holy Rosary Council #13579 website: www.muskegonkoc.us

Co-Chaplains Fr Mark Bauer and Fr. Jim Wyse
Grand Knight..... Michael L Lewis 231-780-8086
Deputy Grand Knight..... Garrett Kelenske
Chancellor..... John J. Gappa
Financial Secretary..... Joseph A Zagar
Recorder..... Wayne La Pointe
Warden..... Fred J Groendyk
Treasurer..... B. Paul Emick
Lecture..... Richard Eller

1st Year Trustee..... Lawrence Bogner
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From the Grand Knight

Dear Brothers,

Kathy and I have just returned from a three-week vacation to sunny and warm Florida. Upon our return, I asked myself, "Why do we all like to vacation and get away for awhile?" I believe it has to do with changing our daily routine and rejuvenating ourselves.

It has been proven that we all can be dragged down emotionally and physically by the stresses and strains of modern living. We all face stress from jobs, relationships, school, children, bills, bad health, etc. Some of us are able to deal with them with little adverse effects, but many of us succumb to these stresses with devastating effects.

Not all of us are able to get away for a much-needed vacation unless we are retired or we can plan one at great sacrifice and effort. This is why we must learn other ways to rejuvenate our lives and our relationships. I have talked with a number of people lately who are dealing with stressful lives in different ways. One friend told me that he needs medication to deal with the physical effects to his body. Another is having a difficult time remaining strong because of a job loss and the stresses of finding a new one. He just keeps plugging away till he gets a new job. Yet another Brother Knight told me that he is using prayer to give him strength. He

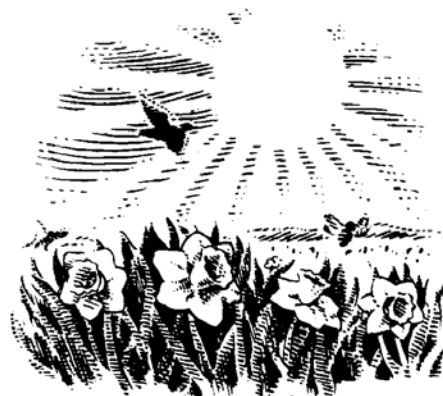
stated that he has "a powerful weapon in my pocket, my rosary."

Besides these coping methods, we need to find the way that works best for ourselves. I think we all need to keep our faith strong. We need to admit that we cannot do it alone and that we need God's help. Prayer can be a very "powerful weapon." We also need to take time for ourselves. Some private time just for that special project, hobby, or quiet time for contemplating so that we can recharge our engines. After all, we need to be strong in order to serve ourselves or others well. We need to also keep our spousal relationship strong too. One suggestion is to set aside a special time or "date" just for you and your wife. Remember, "Happy wife, happy life." Also, spend time with your children and grand children. We cannot be fathers in name only; they need our time, our presence. They grow up so quickly and we don't want to miss out on helping to mold their lives and being a part of their growth as God's wonderful creatures.

Find what works best in your life and never forget how important personal and family rejuvenation can be in doing God's work here on earth.

Yours In Christ,

Mike Lewis
Grand Knight



KNIGHT OF THE MONTH



April Fr. Mark F Bauer

Fr. Mark Bauer, who is the co-chaplain of our council, will be honored this month as our "Knight of the Month." He is living at Sacred Heart and ministers with Fr. Jim Wyse at St. Mary's, St. Jean Baptiste, St. Michael's and Sacred Heart Parishes. It has been announced that both Fr. Mark and Fr. Jim will be leaving us at the end of June.

Fr. Mark explained that he was ordained on "June 14, 1968 in St. Mary's in Downtown Detroit. This was his father's parish when he was growing up. He and all his siblings were baptized there.

When asked why he became a priest, Fr. Mark stated, "It was the Eucharist more than anything else. My parents had a great devotion to the Eucharist and so by default, a great reverence and respect for the priesthood. Once my parents were engaged, they began to pray that they would have children and that one of their children would become a priest or a religious. The idea that only a priest could take bread and wine and turn it into the Body and Blood of Christ was something that struck a deep cord in me, so the priesthood was something to aspire to." Fr. Mark originally was a religious in a small congregation called the Oblates of the Virgin Mary. He was first assigned to parish in the town of Hawaiian Gardens, California, in the Archdiocese of Los Angeles.

When asked if the priesthood has lived up to his expectations, Fr. Mark stated, "Yes and no. I think in the seminary and early priesthood, there is a tendency to be naïve and idealistic. Over time one overcomes one's naiveté and the ideals become more realistic goals. I have never been bored."

Fr. Mark stated that, "when I was ordained, my family did not have the money to rent a hall for a reception. My friends in the Knights arranged for me to use the hall in another parish at no cost and bought the champagne for the toast as well as the hors'douves. This was a great demonstration of their love for the priesthood."

Fr. Mark believes that we, as Knights, can continue to serve our parishes by making as much a presence as possible in our churches and schools. He also challenges us to be "more vocal and do more to support the Right to Life."

I thank Fr. Mark for all his support of our works and us and I pray that God will always guide and strengthen him. We WILL miss him.

Respectfully submitted,
John Gappa

FAMILY OF THE MONTH



April Garret and Kathleen Kelenske Family

We would like to honor the Kelenske as our council's Family of the Month. Garret is married to Kathleen and they have of three children; Morgan, Rylee and Christopher. He and Kathleen have weathered many trials and tribulations. Through it all, they continue to show that God's love has strengthened them.

Both Garret and Kathleen have a wonderful attitude and they possess a great sense of humor. They believe that their religion is also very important in their lives. They attend mass together at St. Michael's Church and they also use the Bible to guide them in raising their growing family. It is not unusual to see them together at many of our Knights of Columbus projects and parish activities.

Despite his erratic work schedule and his obligations as a parent, Garret can be found at virtually every event our council has been apart of. Whether it is a pancake breakfast, a food truck or even St. Jean's chicken dinner, Garret has been present with his sense of humor and seemingly endless energy. This enthusiasm carries over and helps motivate his fellow Brother Knights.

As Deputy Grand Knight and Council Programs Director he has become indispensable to the Grand Knight, Mike Lewis. His energy and motivation, especially during the fall MI / Tootsie Roll Drive lead our council to surpass our previous best in donations.

Garret is usually hard at work with what every event our council involved in at any given time; Kathleen is usually somewhere not far away watching over the children and there is always a wonderful sound of the children laughing and playing. The whole family seems to be as familiar a sight at our council's events as Garret himself is. They truly exemplify the spirit and love of a Knights of Columbus Family.

May God Bless the family of Garrett and Kathleen Kelenske and may they continue to be strengthened by God's love.

Respectfully submitted,
John Gappa



Is It Time for Your Yearly Check Up ?

Each year we go to see the doctor for a yearly check up. Men over 40 are told every (2) years we should have a physical including a prostate exam. Men over 50 are told we should have a physical every year and even men in their 30's are told to have a yearly exam for polyps and colon cancer. We go to the Dentist at least twice year.

Now ask yourself this ... **“When was the last time I had my insurance policy reviewed?”** No matter how well we take care of ourselves and how often we practice preventative medicine by seeing the doctor or eating healthy, at some point our health will fail, an accident will happen or our unhealthy life style will catch up with us. How prepared are you?

As Knights of Columbus and as Catholics we are constantly forming ourselves in our faith by the practice of Christ's teachings and the adherence to the doctrine of the Holy Roman Church. **Does it not then make sense that as fathers, as the head of our family or simply in our role as husband and provider we should also constantly be forming ourselves in that role?** And doesn't part of this role include making sure our families are well provided for in the event we are no longer here?

When was the last time you called upon your Knights of Columbus Insurance Field Agent to review your existing policies? This free service to you as a Brother Knight can help you better prepare yourself so you will always be able to fulfill your role as provider for your family, even in your absence. **Your Field Agent can review your policies from your employer or other providers, advise your where your strengths and weaknesses are and then help you plan a strategy the best serves your needs and your budget.**

Your Insurance Field Agent is William J Larson, and his telephone number is 755-5358. Give Bill a call today and schedule an appointment to have him sit down with you to review your policies.

MUSKEGON DEANERY PRAYER

Heavenly Father,
We praise you for your wise and loving care for each of us. We ask you to bestow your blessings on us, the Catholic faith family of Muskegon. Keep us united in love, constant in prayer, true to worship, and faithful in the work of justice. Open our minds and hearts to the guidance of the Holy Spirit. Continue to make your presence a living reality in our community. Make us courageous disciples, evangelizers, educators, reconcilers and servants.
We pray in Jesus' name.
Amen

Pancake Breakfast Fund Raiser



Sunday April 15th after 9:00 AM After Mass at St. Jean's

Please join us for worship and for breakfast after Mass. We will be accepting a “good will offering.” Come join us and support your council by having breakfast with your family!

2007 – 2008 Election of Officers

This is the slate of officers as nominated by the Election Committee. All other officers not listed are appointed by the Supreme Knight or Grand Knight. We will hold elections for office during the May regular business meeting. All those interested in running for office should attend this meeting; additional nominations will be accepted from the floor. All persons nominated from the floor must be present to accept the nomination.

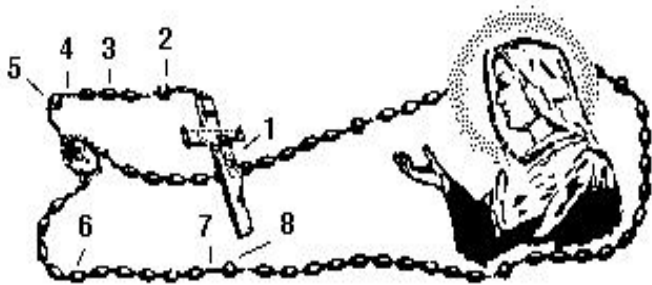
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How to Pray the Rosary

1. Make the **Sign of the Cross** and say the "Apostles' Creed."
2. Say the "Our Father."
3. Say three "Hail Marys."
4. Say the "Glory be to the Father."
5. Announce the First Mystery; then say the "Our Father."
6. Say ten "Hail Marys," while meditating on the Mystery.
7. Say the "Glory be to the Father."
8. Announce the Second Mystery; then say the "Our Father." Repeat 6 and 7 and continue with Third, Fourth and Fifth Mysteries in the same manner.



After the Rosary:

HAIL, HOLY QUEEN, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. O GOD, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

After each decade say the following prayer requested by the Blessed Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy."

As suggested by the Pope John Paul II the **Joyful** mysteries are said on Monday and Saturday, the **Luminous** on Thursday, the **Sorrowful** on Tuesday and Friday, and the **Glorious** on Wednesday and Sunday (with this exception: Sundays of Christmas season - The Joyful; Sundays of Lent - Sorrowful)

The Joyful Mysteries:

1. **THE ANNUNCIATION**
2. **THE VISITATION**
3. **THE NATIVITY**
4. **THE PRESENTATION**
5. **THE FINDING OF JESUS IN THE TEMPLE**

The Sorrowful Mysteries:

1. **THE AGONY IN THE GARDEN**
2. **THE SCOURGING AT THE PILLAR**
3. **THE CROWNING WITH THORNS**
4. **THE CARRYING OF THE CROSS**
5. **THE CRUCIFIXION**

The Glorious Mysteries:

1. **THE RESURRECTION**
2. **THE ASCENSION**
3. **THE DESCENT OF THE HOLY SPIRIT**
4. **THE ASSUMPTION**
5. **THE CORONATION**

The Luminous Mysteries:

1. **THE BAPTISM OF THE LORD**
2. **THE WEDDING OF CANA**
3. **THE PROCLAMATION OF THE KINGDOM**
4. **THE TRANSFIGURATION**
5. **THE INSTITUTION OF THE EUCHARIST**